



WEEKLY MENU



M

Breakfast: A Selection of Cereal, Toast and Yoghurts**Morning Snack:** A Selection of Vegetables & Fruit**Lunch:** Pesto and Cheese Pasta Bake with Salad & Olive Bread . G/D**Pudding:** Carrot Cake. G/D**Afternoon Snack:** A Selection of Vegetables & Fruit**Tea:** Egg & Cree Wholemeal Sandwiches. E/G**Pudding:** A Selection of Vegetables & Fruit

T

Breakfast: A Selection of Cereal, Toast and Yoghurts**Morning Snack:** A Selection of Vegetables & Fruit**Lunch:** Cottage Pie with Peas and Carrots**Pudding:** Fruit Cheesecake. G/D**Afternoon Snack:** A Selection of Vegetables & Fruit**Tea:** Toasted Crumpets. G**Pudding:** A Selection of Vegetables & Fruit

W

Breakfast: A Selection of Cereal, Toast and Yoghurts**Morning Snack:** A Selection of Vegetables & Fruit**Lunch:** Chicken Pasta Carbonara with Broccoli and Garlic Bread.G/D**Pudding:** Greek Yoghurt with Fruit Compote. D**Afternoon Snack:** A Selection of Vegetables & Fruit**Tea:** Pitts Sticks & Hummus. G**Pudding:** A Selection of Vegetables & Fruit

T

Breakfast: A Selection of Cereal, Toast and Yoghurts**Morning Snack:** A Selection of Vegetables & Fruit**Lunch:** Roast Gammon, Yorkshire Pudding, Cabbage & Roast Potatoes**Pudding:** Crumble & Custard.**Afternoon Snack:** A Selection of Vegetables & Fruit**Tea:** Salmon Pasta Salad. G/F**Pudding:** A Selection of Vegetables & Fruit

F

Breakfast: A Selection of Cereal, Toast and Yoghurts**Morning Snack:** A Selection of Vegetables & Fruit**Lunch:** Baked Cod in Tomato Sauce with Peas and Mash. F**Pudding:** Chocolate Shortbread. G/D**Afternoon Snack:** A Selection of Vegetables & Fruit**Tea:** Baked Beans on Wholemeal Toast. G**Pudding:** A Selection of Vegetables & Fruit